

Bryn Offa Newsletter

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Friday 14th December

School Milk Scheme

Last week I noticed that there was an exceptionally high number of bottles of milk being thrown away that were not being drunk at break time. For those parents whose children receive milk in school, please check with them as to whether they are drinking it. The milk has to be kept cold so it may be that they do not like cold milk during this term and they may drink it in the Spring or Summer Terms. This is really important as throwing away milk from an unopened bottle wastes the milk, parent's money and also creates plastic waste which we are trying to cut down on.

School Lunch Menu

Next week I will send out the revised menu that we have been working on this term. The catering staff work hard on this to ensure that the children get a good range of choice, have some familiar and some less familiar foods, and ensure it all provides a balanced meal. As the menu has to be rigorously checked against the food standards, you can be assured if your child has a school meal every day that they will receive a balanced diet in terms of nutrition and calories.

Packed Lunches

Although we are not allowed to dictate what is in children's lunchboxes, it is quite difficult to see a child with a lunchbox that will give them more fat and sugar in a single day than the children on school meals receive in a week! Bars of chocolate should be an occasional treat and not something that should appear daily in a lunchbox. A huge sugar spike in the middle of the day usually results in an energy collapse part way through the afternoon and this can affect concentration and mood. It is also extremely bad for their teeth. Foods that release their energy more steadily is what children require to keep their energy levels high and them focused throughout the day.



Christmas Performance



The tickets for both evening Performances have now sold out but there are a few tickets still available for the 2.00pm Performance on both days if anyone needs any more extra. Please contact Miss Morris on Monday.

The children need to be in school at 5.30pm for the evening performances of the Christmas Performances please which start at 6.00pm.

Clubs

Please note that all clubs have now finished. Ju Jitsu will start up again on Monday 14th January.

Next Week

Monday during school – Dress rehearsals for Christmas Performances

Tuesday during school – Class 1 and 2 Christmas Performance (2.00pm)

Tuesday after school – Class 1 and 2 Christmas Performance (6.00pm)

Wednesday during school – Class 3, 4 and 5 Christmas Performance (2.00pm)

Wednesday after school – Class 3, 4 and 5 Christmas Performance (6.00pm)



Stars of the Week



Mollie Harvey for always being so bright, cheerful, kind and helpful. Mollie is an absolute pleasure to have in Class One!

Bo Nicholls for working really hard during his phonics lessons and for making fantastic progress!

Elizabeth Ashton for working so hard on her sentence writing over the past few weeks. Elizabeth has written some fantastic sentences independently! Well done Elizabeth!

Ollie Taaffe for continually giving 100% in everything he does! Well done Ollie!

Rhys Derwas, Harvey Kilvert and Jack Law for also continually giving 100% (in fact 110%) in everything they do. Well done Rhys, Harvey and Jack!

Charlotte Liddiatt for fantastic progress with her reading this term. Charlotte has improved her fluency and shows great understanding of what she had read. Keep up the great work Charlotte!

Molly Berry for showing excellent enthusiasm and resilience during Textiles Club. Well done Molly!

The Year 5 pupils for an amazing time at the Marches this week. Their behaviour, enthusiasm and resilience was amazing. Miss Hyde couldn't be more proud of them all. Well done!

Henry Gillham for having a great week! Henry has worked incredibly hard on his end of term assessments and has also learnt his lines brilliantly for the Christmas Performances. Well done Henry!

Oliver Borthwick for really impressing Mr Jones this week. The focus Oliver has shown on his end of term assessments is first class. Oliver's results have demonstrated what a huge effort he has put in to the Autumn Term!

Callum Breeze for also having a great week! Callum has performed really well during dress rehearsals for the Christmas Performances and he has also concentrated really well in class. It is vital that Callum starts the new calendar year with this improved attitude. Well done Callum!

Miss Harvey has given **Creation Club** a Star of the Week Certificate this week and would like to say a huge 'thank you' to them for when they visited Brook House Residential Home yesterday. They have all worked really hard this term learning Christmas Carols and the Christmas story and presented these beautifully to the elderly residents. Well done!

