

# Bryn Offa Church of England Primary School

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## **FAQs for New Starters**

### **1. What are parents allowed or not allowed to put in packed lunches?**

Schools are not allowed to tell parents what to put in children's lunchboxes, but we do have some guidelines we like parents to follow and there is lots of guidance online as to what to put in a healthy lunchbox. The link below will give you a good idea about what is suitable:

<https://www.foodafactoflife.org.uk/whole-school/whole-school-approach/healthy-lunchboxes/>

We try to promote healthy eating as much as possible.

### **2. What are children allowed to bring in for snacks for breaktime?**

Free fruit and vegetables are provided for all the children in Reception, Year 1 and Year 2. Children can bring in their own, but all snacks should be either fruit or vegetables that have not been processed in any way. Dried fruit is allowed but not if it has any added sugar or fat.

### **3. Does long hair have to be tied up?**

It is much better if long hair can be tied up as it gets in the way when children are trying to work. This also helps to avoid the spread of headlice.

### **4. Are there any restrictions on types/colours of hairbands/headbands?**

There are no restrictions on colour and style, but we would ask that hairbands are functional and that novelty headbands are avoided.

### **5. Will they need their PE kit first/second week?**

Yes PE kit will be required for the first week. We encourage parents to bring their child's PE kit into school on the first day of term and leave it in school for a whole half term. As with other items of uniform all items must be labelled including the PE bag.

Where possible PE lessons will be outdoors so an outdoor PE kit will be required (tracksuit bottoms/leggings and jumper/hoodie with plimsolls/trainers (no laces please).

**6. Do PE plimsolls have to be plain black or can they have a small motif on them?**

Plain black is preferable, but a small motif would be acceptable.

**7. Do children need to bring their own pencil case and stationery in to school or is everything provided by the school?**

Everything is provided by the school. When they get a little older they will be able to bring their own equipment in.

**Other important information:**

- All items of clothing must be labelled clearly with your child's name.
- Can we ask that shoes and trainers do not have laces unless your child is able to tie them themselves.