



Bryn Offa Church of England Primary School

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Headteacher: Mr P Thompson

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Dear Parents/Guardians,

I cannot say that there are many highlights to my weeks at the moment, but this week did manage to provide one or two.

For Children's Mental Health Week, Mrs Machin has provided the school staff with lots of resources for the children in school together with some really interesting activities for the children accessing the remote education. The photographs and videos have been sent to Mrs Machin so I have not seen all of them, but the ones I have seen have been absolutely fantastic! Without doubt, this has been the highlight of my week!

In addition to the photographs and videos coming in from the children, Mrs Machin has also put together a video of the teachers showing what they do to relax. This video can be found on the class homepages if you would like to take a look and I would urge you all to keep an eye out for the rest of the videos and photos on the website as they are really uplifting.

In addition to what we have done for Children's Mental Health Week, we also listen carefully to the feedback from the families who are currently accessing the remote education. Teachers will now introduce some additional 'screen free' activities in the week to provide children with an alternative to some of the afternoon activities that were all previously screen based. This is to give families an element of choice and to make sure we keep the children interested and engaged.

Mrs Machin is also currently working on a new section of our school web site that will pull together lots of different resources for mental health.

In the past it has been frustrating for me to see that some 'parenting support' has been inaccessible to parents due to the day or time it is on and the difficulty of childcare. We are seeing more and more examples of support for parents moving from face to face to online and I see this as one of the few positives to come from this situation. With more of this support moving online, I hope that this brings some fantastic resources now into family's homes. When this section of the website goes live, I will let parents know and hope you find the time to look through it for anything appropriate. These resources are not just related to Covid but to parenting, which we all need help with sometimes.

Kind regards,

Mr Thompson