

Choose Kindness

Scenario Question Cards



Choose Kindness Scenario Question Cards

Adult Guidance

- Define empathy: Empathy (noun) - the ability to identify with another person's feelings or experiences; to put yourself in someone else's shoes.
- Empathy is different to sympathy. Sympathy is feeling sad or sorry for someone. Empathy is thinking, 'how might that person be feeling?'
- Explain that people can have feelings that are different to ours. People might see situations differently to us too.
- With each scenario card, ask:
 - How do you think the person (or people) is feeling?
 - Why do you think they are feeling that way?
 - What could you/we do to show kindness and empathy.

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How do you think they feel?

During art, Hannah laughed at Tariq when he finished his drawing.

What could you do?



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How do you think they feel?

Mia told Isla that she did not want to be her science partner.

What could you do?



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How do you think they feel?

Zara's pet just died. When she arrived at school, she started crying. Some of the other students started calling her 'crybaby.'

What could you do?



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How do you think they feel?

At playtime, two children playing soccer told Lucy that she wasn't allowed to play. They told her she was 'no good at soccer'.

What could you do?



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How do you think they feel?

Darius is a new boy at school. He has not smiled since he arrived, so no one asked him to play at playtime.

What could you do?



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How do you think they feel?

Tanesha and Heather have been best friends since 1st grade. Now, Tanesha has a new friend and told Heather she was not her friend anymore.

What could you do?



How do you think they feel?

Olivia and Iesha created a secret 'fun' group. They told a lot of children that they couldn't be part of the group.



What could you do?

How do you think they feel?

Andre was carrying his lunch tray to his table. He accidentally dropped all his food on the floor.



What could you do?

How do you think they feel?

Challenge:

Yousef and Ethan were playing tag. Yousef accidentally tagged Ethan too hard. Ethan then pushed Yousef. They had a fight.

What could you do?

How do you think they feel?

Challenge:

Zadie just got a new toy. The next day, she shouted Serenity's name across the classroom to show her. 'You're weird,' Serenity said and walked away.

What could you do?