






MENU

Bryn Offa Primary School Menu – week 1 – 31st Oct, 14th Nov, 28th Nov, 12th Dec, 2nd Jan, 16th Jan, 30th Jan, 13th Feb

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE MAIN EVENT	Pork and carrot meatballs and tomato salsa  Baked cheese roll (v)	A selection of oven baked fish  Jacket potato with baked beans and cheese (v)	Roast beef and Yorkshire pudding with gravy  Quorn fillet and gravy (v)	Chicken curry and rice  Margarita pizza (v)	Oven baked sausages  Quorn sausages (v)
ON THE SIDE	Noodles Carrots Green beans	Pasta Sweetcorn Peas	Mashed potatoes Seasonal vegetables	Herby diced potatoes Peas Broccoli	Chunky chips Salad Baked beans
TO FINISH	Crunchy Cookie Yoghurt	Fruit sponge and custard Yoghurt	Ice Cream Fruit platter Yoghurt	Oat and sultana cookie Mandarin jelly	Chocolate muffin
AVAILABLE DAILY	Cold Platter - A choice of Tuna or Cheese (v) With salad/veg sticks	Cold Platter - A choice of Tuna or Cheese (v) With salad/veg sticks	Cold Platter - A choice of Ham or Jam (v) With salad/veg sticks	Cold Platter - A choice of Ham or Jam (v) With salad/veg sticks	Cold Platter - A choice of Ham or Jam (v) With salad/veg sticks

Fresh fruit is available daily

NB The cold platter is available to children in Class 3, 4 and 5 and will be a sandwich, roll or wrap (depending on what is available on the day)