






MENU

Bryn Offa Primary School Menu - week 2 – 7th Nov, 21st Nov, 5th Dec, 9th Jan, 23rd Jan, 6th Feb

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE MAIN EVENT	<p>Selection of oven baked fish</p>  <p>Macaroni and cheese (v)</p>	<p>Chicken bakes</p>  <p>Jacket potato with baked beans and cheese (v)</p>	<p>Roast chicken, sage and onion stuffing and gravy</p>  <p>Roasted Quorn fillet, sage and onion Stuffing and Gravy (v)</p>	<p>Beef chilli con carne</p>  <p>Margarita pizza (v)</p>	<p>Oven baked sausages</p>  <p>Quorn sausages (v)</p>
ON THE SIDE	<p>Potato wedges Mixed vegetables Baked beans</p>	<p>Noodles Garden peas Broccoli</p>	<p>Roast potatoes Carrots Cabbage and green beans</p>	<p>Herby diced potatoes Garden peas Salad</p>	<p>Chipped potatoes Peas Sweetcorn Baked beans</p>
TO FINISH	<p>Shortbread Yoghurt</p>	<p>Assorted flapjack Fruit berry mousse</p>	<p>Ice cream Fruit kebab Yoghurt</p>	<p>Banana and chocolate sponge with chocolate sauce Lime jelly and cream Yoghurt</p>	<p>Fairy cakes Choc ices</p>
AVAILABLE DAILY	<p>Cold Platter - A choice of tuna or cheese (v) With salad/veg sticks</p>	<p>Cold Platter - A choice of tuna or cheese (v) With salad/veg sticks</p>	<p>Cold Platter - A choice of ham or jam (v) With salad/veg sticks</p>	<p>Cold Platter - A choice of ham or jam (v) With salad/veg sticks</p>	<p>Cold Platter - A choice of ham or jam (v) With salad/veg sticks</p>

Fresh fruit is available daily

The cold platter is available to children in Class 3, 4 and 5 and will be a sandwich, roll or wrap (depending on what is available on the day)