

Recommended Kit List

Residential Visit to Condover Hall Activity Centre

Monday 23rd October to Wednesday 25th October

✓	Suitable nightwear
✓	Underwear and socks (including plenty of spares) (please note that for many activities, socks will need to cover your ankles)
✓	Trousers (not jeans)
✓	Jogging bottoms/tracksuit trousers/leggings for activities (not jeans)
✓	1 pair of trainers for activities
✓	1 pair of shoes for water sports (preferably old trainers)
✓	1 pair of dry shoes for evening activities
✓	Fleeces/sweatshirts for activities (at least two)
✓	Long sleeved shirts/t-shirts (for activities where arms need to be covered) (at least two)
✓	T-shirts (at least two)
✓	Waterproof jacket/cagoule (and trousers if you have them)
✓	Warm anorak or similar
✓	Hat and gloves
✓	Swimwear
✓	Wellington boots
	Other items
✓	One towel for showering
✓	Two old towels for wet activities
✓	Plastic drinks bottle
✓	Small rucksack/bag
✓	Labelled bin bag for wet and dirty clothing
✓	Washbag (including soap, sponge/face cloth, shampoo, toothbrush and toothpaste)
✓	Hair ties (if required)

Please ensure that all items are labelled.

Please do not bring the following:

Money, mobile phones, cameras, computer games, jewellery (either expensive or of a sentimental value), ipods or other MP3 players, items of value or sentimental value, sharp or dangerous objects, food or sweets.